

DEGREE PROMOTION		
Grading Time Scale & Minimum Training		
Grade	Minimum time between grades	Minimum Black Belt training required
1st Kup - 1st Dan	6 months	6 sessions
1st Dan - 2nd Dan	18 months	18 sessions
2nd Dan - 3rd Dan	2 years	24 sessions
3rd Dan - 4th Dan	3 years	36 sessions
4th Dan - 5th Dan	4 years	48 sessions
<p align="center">Minimum Training</p> <p>Students must attend the minimum requirements above, and be paying by Standing Order for their application to be processed. It is your responsibility not the instructors to ensure this card is up to date.</p>		

COMPETITION SELECTION
<p>Students must attend at least 2 regional squad training sessions per month and be paying by Standing Order in order to compete and to qualify for sponsorship.</p> <p><i>Sponsorship is not automatic and will only be given if student is of required standard and or eligibility.</i></p>

If you require further cards these can be obtained from your instructor or online at www.tkd.co.uk



UK ITF
TAEKWON-Do
ATTENDANCE CARD

Name:

Club:

Tel:

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Date of Last Grading:		Grade:	
ATTENDANCE RECORD			
Instructor to date and sign in box 1. or 2. after session			
Month:		Year:	
<i>Degree Sessions</i>		<i>Squad Sessions</i>	
1	2	1	2
Month:		Year:	
<i>Degree Sessions</i>		<i>Squad Sessions</i>	
1	2	1	2
Month:		Year:	
<i>Degree Sessions</i>		<i>Squad Sessions</i>	
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1	2	1	2
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